

18550 Millburn Road  
Wadsworth, IL 60083



Phone 847-356-8331  
Fax 847-356-9722

Dear Parents:

As the weather begins to change, and with cold and flu season just around the corner, we would like to give some guidelines to help with your decision on whether or not to send your child to school. Please be advised that if your child has any of the symptoms listed below he or she should NOT attend school:

1. Fever
2. Rash
3. Sore throat with fever
4. Persistent cough
5. Nausea and vomiting
6. Occasional diarrhea

A child who has recently been ill, should meet the following criteria returning to school, attending athletic events, or after school activities:

1. Feel fit for 24 hours
2. Maintain a temperature below 100° for 24 hours
3. Be free of vomiting and diarrhea for 24 hours
4. Be on an antibiotic for at 24 hours when diagnosed with strep throat
5. Be on prescription antibiotic eye drops for 24 hours when diagnosed with conjunctivitis
6. Be home for at least, 5 days after the appearance of a rash or until all contagious blisters have scabbed

Please notify the school if your child has been diagnosed with strep throat, chickenpox, scarlet fever, pink eye, or fifth disease. We have students with low immunity, and contagious illnesses can further compromise their health.

To help keep children healthy, make sure they have plenty of rest and a nutritious diet. Make sure they are dressed properly when outdoors.

The single most important thing you can do to keep your child free of illness is to teach them the proper way to wash hands. Use soap and rub hands together for at least 15 seconds. Rinse hands in running water and dry them thoroughly.

Please help us keep our students healthy by keeping a child who is sick at home. Remember, one sick child can spread their illness to all classmates.

Thank you for your cooperation.

Millburn Elementary Health Office  
847-245-2783

Please instruct your child to cough  
and sneeze into their elbows  
to prevent the spray of germs.



Millburn Elementary School  
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Millburn Middle School  
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